

NABISCO



Fresh Stacks

GRAHAMS



NO High Fructose
Corn Syrup
8g of Whole Grain
per 29g serving



6

Fresh Stacks

About 8 Crackers
in each Stack

PER 4 SQUARES

120
CALORIES

0g
SAT FAT
0% DV

150mg
SODIUM
7% DV

8g
TOTAL
SUGARS

NET WT 12.2 OZ (345g)



Nutrition Facts

about 12 servings per container
Serving size **4 Squares (29g)**

	Per 4 squares		Per 1 fresh stack	
Calories	120		240	
	% DV*		% DV*	
Total Fat	3g	4%	6g	8%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	150mg	7%	290mg	13%
Total Carbohydrate	23g	8%	46g	17%
Dietary Fiber	1g	4%	2g	7%
Total Sugars	8g		15g	
Incl. Added Sugars	8g	16%	15g	30%
Protein	2g		3g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	13mg	0%	26mg	2%
Iron	0.87mg	4%	1.7mg	10%
Potassium	44mg	0%	89mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), GRAHAM FLOUR (WHOLE GRAIN WHEAT FLOUR), SUGAR, CANOLA OIL, HONEY, LEAVENING (BAKING SODA AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, ARTIFICIAL FLAVOR.

CONTAINS: WHEAT, SOY.

MONDELEZ GLOBAL LLC
EAST HANOVER,
NJ 07936 USA



smartlabel™

Fresh Stacks

Smaller stacks that make it
even easier to enjoy great, fresh-tasting
Honey Maid grahams wherever you are!
Perfect for at home or on the go!