

NABISCO



Fresh Stacks

GRAHAMS



NO High Fructose
Corn Syrup
8g of Whole Grain
per 29g serving



6

Fresh Stacks

About 8 Crackers
in each Stack

PER 4 SQUARES

120
CALORIES

0g
SAT FAT
0% DV

150mg
SODIUM
7% DV

8g
TOTAL
SUGARS

NET WT 12.2 OZ (345g)



Nutrition Facts

about 12 servings per container
Serving size **4 Squares (29g)**

| | Per 4 squares | | Per 1 fresh stack | |
|---------------------------|---------------|-----|-------------------|-----|
| Calories | 120 | | 240 | |
| | % DV* | | % DV* | |
| Total Fat | 3g | 4% | 6g | 8% |
| Saturated Fat | 0g | 0% | 0g | 0% |
| Trans Fat | 0g | | 0g | |
| Cholesterol | 0mg | 0% | 0mg | 0% |
| Sodium | 150mg | 7% | 290mg | 13% |
| Total Carbohydrate | 23g | 8% | 46g | 17% |
| Dietary Fiber | 1g | 4% | 2g | 7% |
| Total Sugars | 8g | | 15g | |
| Incl. Added Sugars | 8g | 16% | 15g | 30% |
| Protein | 2g | | 3g | |
| Vitamin D | 0mcg | 0% | 0mcg | 0% |
| Calcium | 13mg | 0% | 26mg | 2% |
| Iron | 0.87mg | 4% | 1.7mg | 10% |
| Potassium | 44mg | 0% | 89mg | 0% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), GRAHAM FLOUR (WHOLE GRAIN WHEAT FLOUR), SUGAR, CANOLA OIL, HONEY, LEAVENING (BAKING SODA AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, ARTIFICIAL FLAVOR.

CONTAINS: WHEAT, SOY.

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smartlabel™

Fresh Stacks

Smaller stacks that make it
even easier to enjoy great, fresh-tasting
Honey Maid grahams wherever you are!
Perfect for at home or on the go!